



**LIFEGUARD II CERTIFICATION REQUIREMENTS**  
**DIVISION OF ENVIRONMENTAL HEALTH & EMERGENCY PREPAREDNESS**  
**PERMIT ISSUED BY THE DIVISION IS VALID FOR THREE (3) YEARS**

Persons 19 years old with no physical or mental limitations may become certified as a Lifeguard II in the Louisville Metro community after successfully completing the following :

**What you need to do to obtain your Lifeguard II permit**

SUCCESSFULLY COMPLETE THE FOLLOWING 5 COMPONENTS:

- 1. BASIC LIFEGUARD TRAINING** : American Red Cross, YMCA, Ellis & Associates International Lifeguard Training Program (ILTP), StarGuard.
- 2. FIRST AID** : American Red Cross, American Heart Association, American Safety and Health Institute and National Safety Council.
- 3. PROFESSIONAL CPR for LIFEGUARDS** : American Red Cross, American Heart Association, American Safety and Health Institute and National Safety Council.
- 4. GUARD COURSE** : can only be completed with the Division of Environmental Health and Emergency Preparedness Lifeguard Training and Certification Program. Register for and pass the water swim test/lecture at a local swimming pool reserved by the Division for this Guard Course.  
**A GUARD COURSE roster with a *Pass or Fail* for each participant will be forwarded to the Division by the Board of Health Lifeguard Instructor.**
- 5. REQUIREMENTS** : 1.) Maintained Lifeguard I status with the Division for the previous consecutive 3 years; 2.) Documented evidence (on letterhead from your employer) of a minimum of 24 weeks on the job experience as a Lifeguard I and; 3.) Advance recommendation from a Board of Health Lifeguard Instructor  
**You must register at 574-6650 for the Guard Course (swim water test/lecture).**

Once you have completed and passed the above components: Written test and permit must be obtained from the LMPHW, Division of Environmental Health and Emergency Preparedness, 400 East Gray St., 2<sup>nd</sup> Floor, Louisville, KY 40201.

**Bring Quarters for the parking meter!**

**Know the last four digits of your Social Security number!**

Hours for testing and permit processing are Mon-Fri : 8:30AM - 5:00PM.

**Cut off time for starting the test is 4:00PM**

**Bring the following with you every time:**

- **Proof of identification/age:** Driver's License or Birth Certificate and picture ID.
- **Proof of required training** : Authorized certification card(s) or approved documentation sent to the Division from your trainer/training facility.
- **All certification cards must be the original or must contain the Certification ID # to verify training.**
- **Permit fee is \$20.00** cash, credit card or check payable to: Louisville Metro Government.
- **Duplicate permit fee is \$5.00**

For Lifeguard II renewal in the following 3<sup>rd</sup> year, you must renew any expired training, provide documentation of employment and pass the Division Guard Course (water swim test/ lecture and written test).

Class	Providers (not a complete list)	Certification Issued
<p><b><u>Basic Lifeguarding</u></b></p> <p>All applicants must have current certification in a basic lifeguarding course.</p> <p>Online classes are often referred to as “blended courses” and must have physical skill out with a certified agency instructor and documentation before it will be APPROVED!</p>	<p><b>American Red Cross (ARC)</b>  <a href="http://www.redcross.org/ky/louisville">http://www.redcross.org/ky/louisville</a>  502-589-4450</p> <p><b>Jewish Community Center</b>  <a href="http://www.jewishlouisville.org/">http://www.jewishlouisville.org/</a>  502-459-0660</p> <p><b>Lakeside Swim Club</b>  <a href="http://www.lakesideswim.org/">http://www.lakesideswim.org/</a>  502-454-4585</p> <p><b>Louisville Metro Parks</b>  <a href="http://www.louisvilleky.gov/MetroParks/recreation/">http://www.louisvilleky.gov/MetroParks/recreation/</a>  502-897-9949</p> <p><b>YMCA’S of Greater Louisville</b>  <a href="http://www.ymcalouisville.org/">http://www.ymcalouisville.org/</a>  1-800-872-9622</p> <p><b>Kentuckiana Pool Management</b>  <a href="http://kentuckiana-pmg.com/">http://kentuckiana-pmg.com/</a>  502-394-9759</p> <p><b>Ready Set Swim</b>  <a href="http://www.readysetswimky.com">http://www.readysetswimky.com</a>  502-741-7627</p> <p><b>Ellis &amp; Associates International Lifeguard Training Program</b>  <a href="http://www.kentuckykingdom.com">www.kentuckykingdom.com</a>  Online only for information  <a href="http://www.louisvilleky.gov/MetroParks/recreation/">http://www.louisvilleky.gov/MetroParks/recreation/</a>  502-897-9949</p>	<p>Lifeguard/First Aid/ CPR/AED  Current for 2 years from date of issue</p> <p>ARC Lifeguard/First Aid/ CPR/AED  Current for 2 years from date of issue</p> <p>ARC Lifeguard/First Aid/ CPR/AED  Current for 2 years from date of issue</p> <p>ARC Lifeguard/First Aid/ CPR/AED  Current for 2 years from date of issue</p> <p>YMCA LG/ASHI First Aid/CPR/Oxygen  Current for /2yrs.-2yrs.-1yr.-2yrs.</p> <p>ARC Lifeguard/First Aid/ CPR/AED  Current for 2 years from date of issue</p> <p>ARC Lifeguard/First Aid/ CPR/AED  Current for 2 years from date of issue</p> <p>E &amp; A ILTP LG/First Aid/CPR/AED  Course Completion Card/License/1 yr.</p> <p>E &amp; A ILTP LG/First Aid/CPR/AED  Course Completion Card/License/1 yr.</p>
<p><b><u>First Aid</u></b></p> <p>Must have Adult, Child and infant First Aid components.</p> <p>Online classes are often referred to as “blended courses and must have physical skill out with a certified agency instructor and documentation before it will be APPROVED !</p>	<p><b>American Red Cross</b>  <a href="http://www.redcross.org/ky/louisville">http://www.redcross.org/ky/louisville</a>  502-589-4450</p> <p><b>American Heart Association</b>  <a href="http://www.heart.org/HEARTORG/">http://www.heart.org/HEARTORG/</a>  1-800-242-8721</p> <p><b>American Safety &amp; Health Institute First Aid</b>  <a href="http://www.hsi.com/">http://www.hsi.com/</a>  1-800-447-3177</p> <p><b>National Safety Council</b>  <a href="http://www.nsc.org/products_training/Pages/Home.aspx">http://www.nsc.org/products_training/Pages/Home.aspx</a>  1-800-621-7619</p>	<p>Lifeguarding/First Aid/CPR/AED or Basic First Aid: Current for 2 years</p> <p>Heartsaver 1<sup>st</sup> Aid or Heartsaver 1<sup>st</sup> CPR/ AED: Current for 2 years</p> <p>Basic First Aid or CPR AED/Basic First Aid COMBO: Current for 2 years</p> <p>NSC First Aid Adult, Infant and Child  Current for 2 years form date of issue</p>
<p><b><u>CPR</u></b></p> <p>Must be a professional rescuer CPR that includes Adult, Child, and Infant CPR components  Online classes : same as above</p>	<p><b>American Red Cross</b>  <a href="http://www.redcross.org/ky/louisville">http://www.redcross.org/ky/louisville</a>  502-589-4450</p> <p><b>American Heart Association</b>  <a href="http://www.heart.org/HEARTORG/">http://www.heart.org/HEARTORG/</a>  1-800-242-8721</p> <p><b>American Safety &amp; Health Institute First Aid</b>  <a href="http://www.hsi.com/">http://www.hsi.com/</a>  1-800-447-3177</p> <p><b>National Safety Council</b>  <a href="http://www.nsc.org/products_training/Pages/Home.aspx">http://www.nsc.org/products_training/Pages/Home.aspx</a>  1-800-621-7619</p>	<p>CPR/AED for Lifeguards/Healthcare  Current for 2 years from date of issue</p> <p>Basic Life Support Healthcare Provider  Current for 2 years from date of issue</p> <p>CPR Pro for Professional Rescuers  Current for 2 years from date of issue</p> <p>BLS Healthcare &amp; Professional Rescuer  Current for 2 years from date of issue</p>
<p><b><u>Board of Health (BOH) Guard Course : 2 parts</u></b></p> <p>Water swim test/lecture and then a written test.</p>	<p>Louisville Metro Department of Public Health and Wellness  Division of Environmental Health and Emergency Preparedness  400 East Gray St. Louisville KY 40201  <b>You must register for this course : 502-574-6650</b></p>	<p><b>You must take the BOH Guard course water swim test/lecture and written test every 3 years to obtain a Lifeguard II permit.</b></p>